

Devils Lake Black Belt Academy

What We Teach: Traditional and New Sport/Competition Style Tae Kwon Do along with Hapkido which are both Korean based Martial Arts.

Benefits: Self Defense, Physical Fitness (Strength, Cardio, Flexibility), Coordination, Self Confidence, Focus and Competition for those who wish to participate.

When: Classes are Tuesdays and Thursdays from 5:30-6:25 for Beginners and 6:30-7:30 for Advanced belts.

Who: We accept students from 6 years old and up. Adult curriculum starts at 14 years old.

Instructor: Master Scott Ralston is a certified 4th degree black belt with over 20 years of martial arts experience. He has competed nationally and trained with some of the best martial artists in the region. Assistant instructors include Mrs. Kathryn Ralston and Mr. Richard Wee who are both certified black belts with the World Tae Kwon Do Federation.

Cost: New students can try out class for the first two weeks before tuition is due. If you choose not to continue there is no cost obligation. Tuition is \$50 per month and family rates and college student discounts are available. Other costs may be involved as the student progresses such as purchasing a uniform or other equipment and testing fees.

Where: 312 5th Ave NE in Devils Lake, ND. Between the old and new post office buildings downtown.

How: To join just stop in on Tuesday or Thursday about 15-20 minutes before class starts (5:10) to meet the instructors. You can choose to participate the first night or just watch class if you want. If you plan to participate just wear loose clothing such as shorts or sweat pants and a t-shirt.

Contact: Scott Ralston at scott@skralston.com or call 351-8839 or go to <http://northwestmartialarts.com/>

Did a current student refer you?

If so please provide their name so they get recognition for helping you find our school.

Your Name: _____

Person Who Recommended You: _____